



PSHE and Citizenship Curriculum Overview

	Autumn I	Autumn II	Spring I	Spring II	Summer I	Summer II
SEAL/ Emotional health and well-being (Whole school theme- also addressed in assemblies)	New Beginnings	Getting on and falling out	Going for Goals	Good to be me	Relationships	Changes
Additional PSHE and Citizenship units						
Reception	Making a positive contribution; Rules Drug Awareness & Keeping Safe, Staying Safe, Feeling Safe	<i>Say no to bullying (1-2 weeks National anti-bullying week)</i>	EWFC- Personal economic well- being; careers and aspirations	Healthy Lifestyles Making a positive contribution- belonging to group; improving our class and school	Drug Awareness	SRE
Year 1	Making a positive contribution; Rules Drug Awareness & Keeping Safe, Staying Safe, Feeling Safe	<i>Say no to bullying (1-2 weeks National anti-bullying week)</i>	EWFC- Personal economic well- being; careers and aspirations	Healthy Lifestyles Making a positive contribution- the democratic process; communicating opinions	Drug Awareness	SRE
Year 2	Making a positive contribution; Rules Drug Awareness & Keeping Safe, Staying Safe, Feeling Safe	<i>Say no to bullying (1-2 weeks National anti-bullying week)</i>	EWFC- Personal economic well- being; careers and aspirations	Healthy Lifestyles Making a positive contribution- debating; improving our class and school	Drug Awareness	SRE
Year 3	Making a positive contribution; Rules Drug Awareness & Keeping	<i>Say no to bullying (1-2 weeks National anti-bullying week)</i>	EWFC- Personal economic well- being; careers and aspirations	Healthy Lifestyles Making a positive contribution- the	Drug Awareness	SRE

	Safe, Staying Safe, Feeling Safe			democratic process; communicating opinions		
Year 4	Making a positive contribution; Rights and Responsibilities Drug Awareness & Keeping Safe, Staying Safe, Feeling Safe	<i>Say no to bullying (1-2 weeks National anti-bullying week)</i>	EWFC- Personal economic well-being; careers and aspirations	Healthy Lifestyles Making a positive contribution- improving the local environment	Drug Awareness	SRE
Year 5	Making a positive contribution; Values for life, Having a voice in our school community Drug Awareness & Keeping Safe, Staying Safe, Feeling Safe	<i>Say no to bullying (1-2 weeks National anti-bullying week)</i>	EWFC- Personal economic well-being; careers and aspirations	Making a positive contribution- current affairs: national and global issues	Drug Awareness	SRE
Year 6	Making a positive contribution; Active Citizenship; Our Country, Our World Drug Awareness & Keeping Safe, Staying Safe, Feeling Safe (Junior Citizenship trip)	<i>Say no to bullying (1-2 weeks National anti-bullying week)</i>	EWFC- Personal economic well-being; careers and aspirations	Making a positive contribution- current affairs: national and global issues	Drug Awareness	SRE

Blue font-External contributors **Red font**- SEAL* unit

*Social Emotional Aspects of Learning