



Briar Road, Shepperton

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Headteacher: Miss N. Morris BA (Hons)

Executive Principal: Mrs M.E. McCarthy MA; Ed.M

Spring Term, January 2025

Dear Year 1 Families,

I am delighted to offer your child the opportunity to attend **five** Forest School sessions this Spring term.

Forest School runs on **Wednesday, Thursday and Friday** afternoons from 1:30 through to 3pm. Your child is in **Group 2** and their sessions will run from the **24th January through to the 5th February**.

Forest School is a child-led, purposeful experience, which will help the children to develop their resilience, confidence and self-esteem whilst being outside and learning about the diverse natural environment that surrounds them. Activities they will be taking part in include: den building, tree climbing, learning about life-cycles, habitats, and UK flora and fauna, using tools, playing with mud, and creating woodland arts and crafts.

Forest School sessions run whatever the weather (excepting high winds or electrical storms), therefore your child will need appropriate clothing as listed below:

1. Wellies or outdoor waterproof boots / shoes / trainers
2. **Waterproof trousers - these are an important item of clothing as they are protective against stinging nettles. If you have trouble obtaining any, please do let me know as I have a small store of spare clothing**
3. An underlayer: tracksuit bottoms, leggings or thermals
4. Long sleeved top
5. A jumper/cardigan
6. Waterproof coat
7. Hat and gloves

Please ensure all items are labelled!

Please do not hesitate to contact me via the school office with any queries.

I am really looking forward to welcoming Year 1 to Forest School!

Kind regards,

Mrs. A McMullan
Forest School Lead

Lumen Learning Trust c/o Saxon Primary School, Briar Road, Shepperton TW17 0JB
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