Allergy information available on request

FOR BODY AND BRAIN





WFFI

Allergy information available on request

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Main		
Macaroni Cheese (v)	Pork Sausage and Mashed Potatoes	Roast Chicken with Roast Potatoes and Gravy	Beef Lasagne	Fish and Chips
		Vegetarian		
Mild Veggie Curry with Rice (v)	Vegan Sausage and Mashed Potatoes (v)	Roasted Vegetable Tart with Roast Potatoes and Gravy (v)	Vegetable Traybake with Rice (v)	Cheese Toastie and Chips (v)
		3rd Options		
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
		Deli		
	Deli (Option with Ham, Tuna Mayo or Ch	eese	
		Vegetables		
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
		Dessert		
Ginger Cake	Shortbread	Apply Crumble Traybake	Chocolate Brownie	Fruit Yoghurt Fool
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt
		Fre	esh seasonal salad and bread available available daily as an alternative to	e daily. Fresh fruit and yoghurt the dessert of the day.
	6th Nov, 27th Nov, 18	th Dec, 15th Jan, 5th Fe	b, 4th Mar, 25th Mar	AND THE REAL PROPERTY OF
			A ASSURED	









WEEK 2

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FOR BODY AND BRAIN



ALLIANCE in PARTNERSHIP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Main		1
Tomato Pasta (v)	Meat Feast Pizza	Roast Chicken with Roast Potatoes and Gravy	Bolognese with Pasta	Fish and Chips
		Vegetarian		
egetarian Sausage Hotpot (v)	Veggie Pizza (v)	Mediterranean Gnocchi Bake (v)	Veggie Enchilada (v)	Cheese and Tomato Pinwheel with Chips (v)
		3rd Options		
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Tomato Sauce	Jacket Potato with Baked Beans, Cheese, Salmon Mayo or Colesla
		Deli		
	Deli	Option with Ham, Tuna Mayo or Ch	eese	
		Vegetables		
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetable
		Dessert		
Vanilla Sponge Cake	Oat Fruit Slice	Apple Crumble with Custard	Fruit Cake	Chocolate Pots
Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt	Fruit/Yoghurt
SMART			Fresh daily. as ar	n seasonal salad and bread availa Fresh fruit and yoghurt available on alternative to the dessert of the of sustainable of the dessert of the of sustainable of the dessert of the of th