

	Year R	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn I	Balance and co-ordination	Team Games: Throwing and catching, agility and co-ordination.	Team Games: Football	Tag Rugby Gym Fitness	Swimming Hockey	Swimming Netball	Basketball Hockey
Autumn II	Ball skills - hand	Dance	Dance	Tag Rugby Gymnastics	Swimming Football	Swimming Dodgeball	Dodgeball Football
Spring I	Gymnastics	Gymnastics	Gymnastics Swimming	Swimming Dance	Gymnastics: Basketball	Dance Bench ball	Dance Gymnastics:
Spring II	Ball skills - feet	Competitive Games: Hockey	Gym Fitness Swimming	Swimming Bench ball	Dance Badminton	Gym Fitness Gymnastics: Balance, agility, co-ordination.	Badminton Gym Fitness
Summer I	Dance and movement Swimming	Team Games: Netball Swimming	Athletics Basketball	Rounders Netball	Netball Gym Fitness	Athletics Rounders	Athletics
Summer II	Co-ordination, Athletics Swimming	Athletics Swimming	Athletics Team Games	Athletics Tennis	Athletics Cricket	Tag Rugby Tennis	Cricket Athletics